

Annex III

Biographical data form of candidates to the Subcommittee on Prevention of Torture (SPT)
**Please respect the specified amount of lines when completing this form,
38 lines maximum**

Name and first name: Zinkler, Martin

Date and place of birth: 31.07.1965 in Augsburg, Germany

Working languages: German, English

Professional background: Medical Doctor, Specialist in Psychiatry and Psychotherapy

Educational background:

(5 lines maximum)

1990 MD, Technical University of Munich

1997 Doctorate in Medicine, Ludwig-Maximilians-Universität Munich

1999 Specialist in psychiatry and psychotherapy (Bavarian Medical Association)

Current position/function:

(5 lines maximum)

Since June 2021: Clinical Director and Head of Department: Department for Psychiatry and Psychotherapy, Klinikum Bremen-Ost, Gesundheit Nord gGmbH, Bremen, Germany, Academic Teaching Hospital of Hamburg University

Main professional activities:

(10 lines maximum)

Clinical: in general adult psychiatry, mainly severe mental illness, with a focus on transformation of services towards community-based, rights-based and recovery-oriented service provision

Educational: training staff in non-coercive approaches and recovery-orientation

Political and scientific: human rights in mental health services, prevention of coercive measures, supported decision-making.

Other main activities in the field relevant to the mandate of the Subcommittee on Prevention of Torture:

(10 lines maximum)

Since Sept. 2020: WHO Programme “Strategies to End the Use of Seclusion and Restraint in Mental Health Hospitals in Turkey”

2019-2021: WHO working group to develop the WHO Guidance on community mental health services: Promoting person-centred and rights-based approaches:

<https://www.who.int/publications/i/item/9789240025707>

2018: Expert hearing at the Federal Constitutional Court in Jan 2018 on the topic of restraint and other coercive measures in psychiatric institutions

https://www.bundesverfassungsgericht.de/SharedDocs/Entscheidungen/DE/2018/07/rs20180724_2bvr030915.html

2007-2008: Council of Europe: Committee of experts for developing a Council of Europe mental health reference tool (SP-MNH) on human rights in psychiatry; implementation of the Council of Europe recommendations on the protection of the human rights and dignity of persons with mental disorders (Council of Europe, Rec(2004)10)

List of most recent publications in the field relevant to the mandate of the Subcommittee on Prevention of Torture:

(5 lines maximum)

Zinkler, M. (2022). Non-coercive techniques for the management of crises in mental health settings in Germany - a narrative review. *International Review of Psychiatry*. DOI:10.1080/09540261.2022.2087493

Moro, M. F., Pathare, S., Zinkler, M., Osei, A., Puras, D., Paccial, R. C., & Carta, M. G. (2022). The WHO QualityRights initiative: building partnerships among psychiatrists, people with lived experience and other key stakeholders to improve the quality of mental healthcare. *The British Journal of Psychiatry*, 220(2), 49-51.

Zinkler, M. & von Peter, S. (2019) End Coercion in Mental Health Services - Toward a System Based on Support Only. *Laws*, 8(3):19.

All publications on: https://www.researchgate.net/profile/Martin_Zinkler
