UNITED NATIONS HUMAN RIGHTS
OFFICE OF THE HIGH COMMISSIONER

Policy Guidance on Good Health and Well-being: Sustainable Development Goal 3 – Promoting the Rights of Persons with Disabilities through the Sustainable Development Goals

A Resource Package

In-Person Training Module
Presenter's name

Event or meeting title
Location, (Date)

Welcome!

- **You each have one minute to come to the front of the room, introduce yourself and share:**

- **What is something that you care deeply about?**

Objectives of the module

- Become familiar with the resource package and its components.
- Gain an understanding of the current situation in terms of access to health for people with disabilities.
- Identify concrete steps that policymakers can take to guarantee inclusive health care services in the process of implementing Sustainable Development Goals 3 with a disability-rights lens.
- Learn how to obtain additional information to support implementation of access to health in your own context.

What's in the toolkit?

- **Policy Guidance**
- **Human Rights Indicators for the Convention on the Rights of Persons with Disabilities**
- **Data Sources Guidance**
- **Training Materials**
- **Videos**

Agenda

Start time: 00:00
- **Disability & Ableism (if applicable)**
- **Data contest!**
- **The Road to Health**

Meal time: 00:00
- **Video Viewing**
- **Implementation Challenge**
- **Next Steps**

Closing time: 00:00

What did you think about disability when you were 8-12 years old?

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In trios:

- Share what you remembered
- What do you notice in common between the stories?
- Come up with a list of words that you associated with disability during that time of your life.

Ableism

"a value system that considers certain typical characteristics of body and mind as essential for living a life of value. Based on strict standards of appearance, functioning and behaviour, ableist ways of thinking consider the disability experience as a misfortune that leads to suffering and disadvantage and invariably devalues human life".

Special Rapporteur on the rights of persons with disabilities, Report on the impact of ableism in medical and scientific practice, A/HRC/43/41, 2019

BREAK! Come back at :00

WELCOME TO THE DATA CONTEST!

The team with most points will win a prize!

Question 1 - Name two ways in which persons with disabilities experience health and health care inequalities. (5 points)

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Studies show that some persons with disabilities live between 15 to 25 years less than the rest of the population. Inequalities in access to health care, including primary care, health literacy and economic resources explain the lower health outcomes of persons with disabilities.

Persons with disabilities are more likely to live in poverty and around half of them cannot afford health care, including essential medicines.
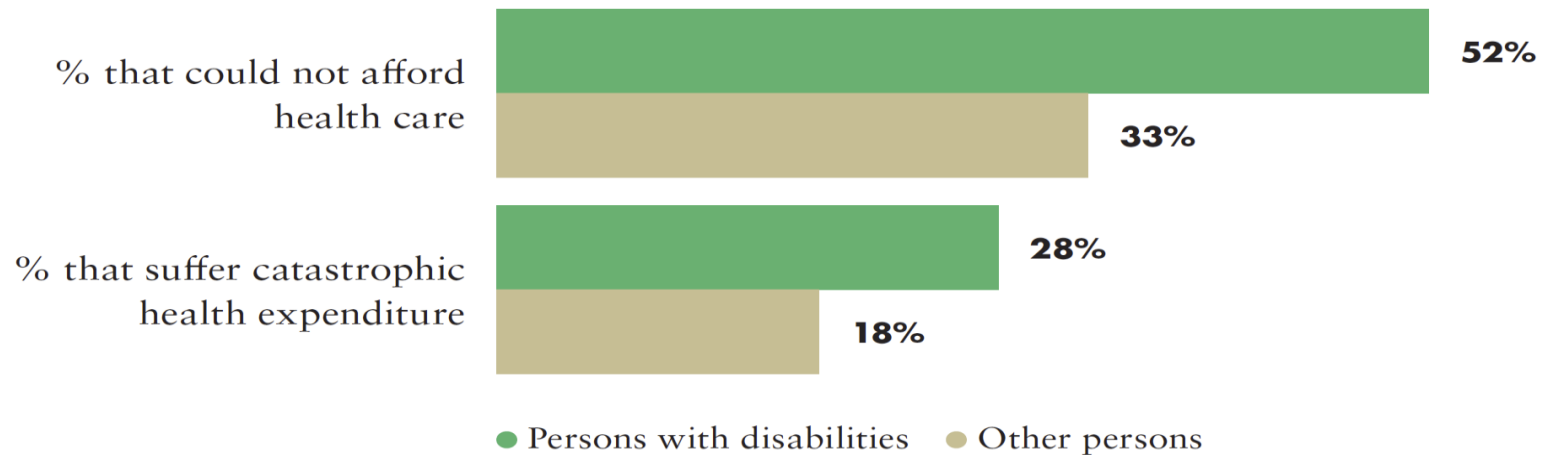
Question 2: What percentage of persons with disabilities cannot afford health care, compared to other persons? (5 points)

A. 23 per cent
B. 52 per cent
C. 80 per cent

Question 2: What percentage of persons with disabilities cannot afford health care, compared to other persons? (5 points)

FIGURE III

Persons with disabilities are more likely to (1) say they cannot afford health care and (2) to face catastrophic health expenditure, compared to persons without disabilities, across all countries

% that could not afford health care — 52% / 33%

% that suffer catastrophic health expenditure — 28% / 18%

● Persons with disabilities   ● Other persons

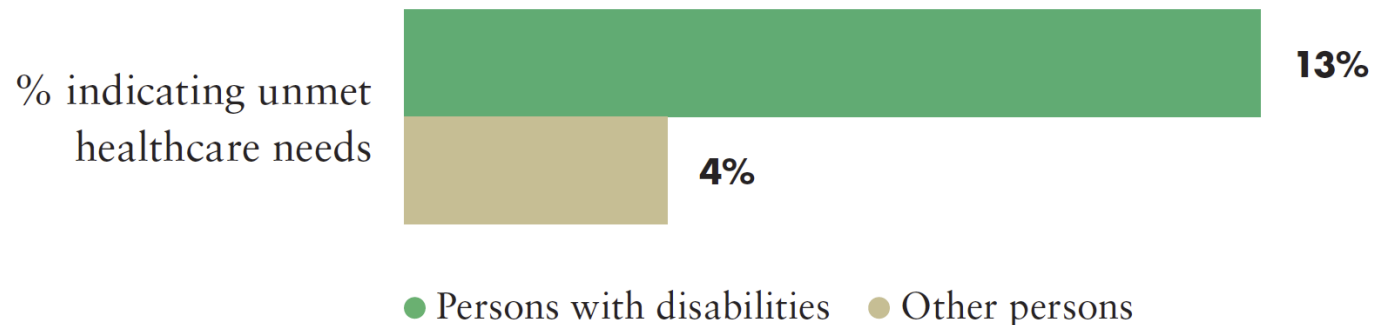**Source: WHO & World Bank, _World Report on Disability_, 2011, pp. 63, 69.**

Question 3 - What proportion of persons with disabilities indicated that they needed but could not get health care? (5 points)

A. 13 per cent

B. 4 per cent

C. 22 per cent

D. None of the above

Question 3 - What proportion of persons with disabilities indicated that they needed but could not get health care? (5 points)

FIGURE I

Data from 37 countries show that persons with disabilities report three times more unmet healthcare requirements than others

% indicating unmet
healthcare needs

13%

4%

● Persons with disabilities   ● Other persons

Source: United Nations Department of Economic and Social Affairs, *Disability and Development Report*, 2019. Figure II.13, p. 53.

Question 4 - True/False - Existing mental health laws and policies continue to restrict rights by authorising involuntary treatment and detention based on actual or perceived impairment. (5 points)

Question 4 - True/False - Existing mental health laws and policies continue to restrict rights by authorising involuntary treatment and detention based on actual or perceived impairment. (5 points)

Only 2 per cent of health budgets are directed to mental health and existing investment continues to neglect community-based and participatory service models (in many low-and middle-income countries)
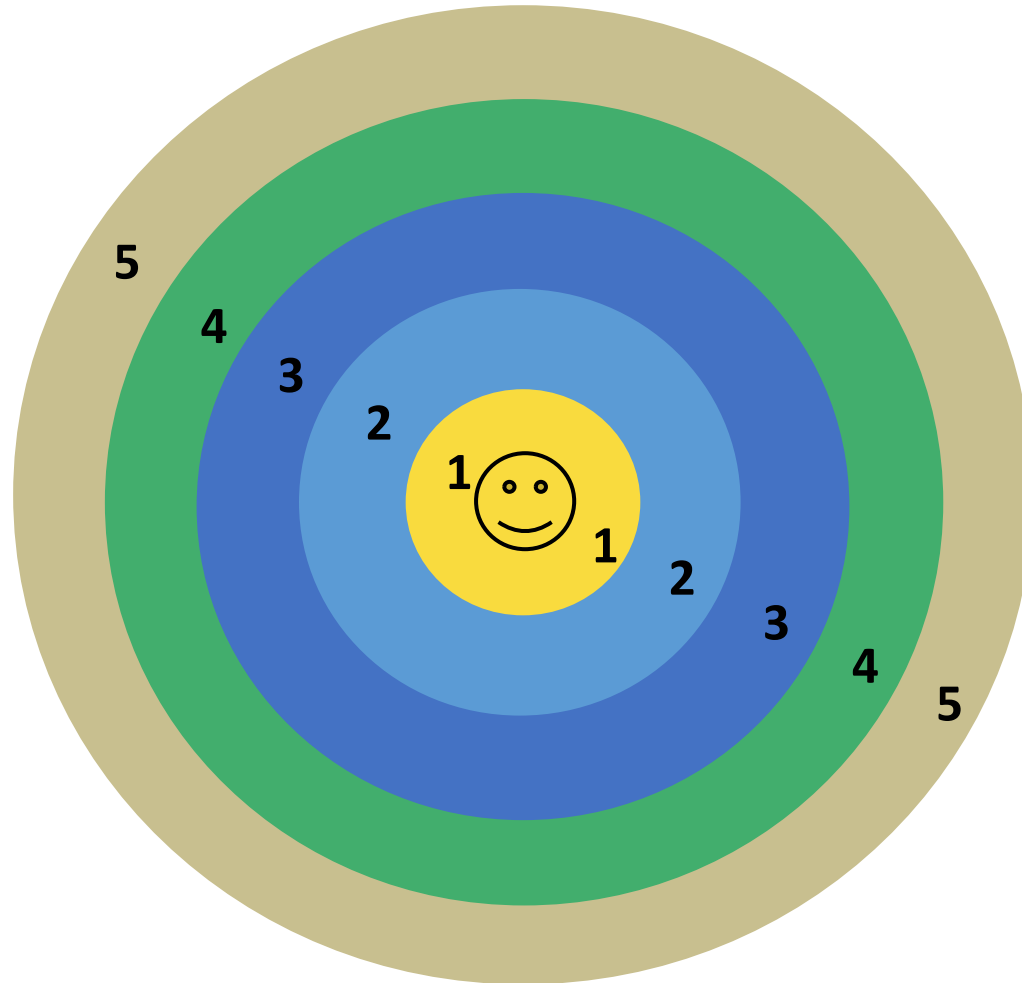
Globally, persons with psychosocial continue to experience human rights abuses in mental health services.

WHO, *Mental Health, The Global Heath Observatory*

Question 5: Challenge! (10 points)

Two members of your team share policies or practices in their countries that are aimed at ensuring healthy lives and promoting well-being for all persons with disabilities at all ages.

Road to Health Scenarios

BREAK! Come back at :00

Short Video

As you watch and listen, pay attention to the different stories highlighted and the issues shared and proposed.

Station 1: Health Information Systems

AKARI

SAMUEL

AMARA

IAN

Station 2: Medicines and Technology

AKARI   **SAMUEL**

AMARA   **IAN**

Station 3: Health Workforce

AKARI

SAMUEL

AMARA

IAN

Station 4: Service Delivery

AKARI

SAMUEL

AMARA

IAN

Station 5: Financing

AKARI

SAMUEL

AMARA

IAN

Station 6: Leadership, Governance and Legal Framework

AKARI

SAMUEL

AMARA

IAN

BREAK! Come back at :00

Next Steps

(Add here any follow-up information)

Closing

Name one commitment you're making to advance health policies in your country in benefit of persons with disabilities after today's session and who in your specific context can hold you accountable for it?

Resources

- **Resource package link**
  - **Policy Guidance**
  - **Human Rights Indicators**
  - **Data Sources Guidance**
  - **Training Modules**
  - **Videos**
- **(Add other relevant resources)**

Thank you!

For further information, please contact: