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**A note on respect towards a person of solid age**

Respect for the status, self-sufficiency and sovereignty of a person of mature age implies participation in caring for this person to have every opportunity to dispose of worthy things in life and to have everything possible and everything impossible in his/her destiny on an equal basis with young people without fear and reproach. It also assumes that no one can forbid a person of mature age anything if it does not violate the law. True respect is impossible without the desire to communicate carefully in order to understand this person without judging, to comprehend how he/she lives and breathes. Respect is an interest in sincerity to be together with a person in this moment of talk, a desire to make this communication not superficial. Respect is reliability in the performance of obligations, despite the circumstances of life.

Respect is compassion. One can say neutral words as an act of politeness, and this will not be respect, or one can be emotional, and this will carry more respect for the personality. It's not about the form, it's about the essence. Respect in sincerely considering a person of mature age very beautiful/handsome and attractive is respect for everything that this person is, it is not only respect for their spirit, it is also respect for their body, which should not be stigmatized. Respect is to wash his/her feet in the evening before going to bed. Respect is the ability to give up your private "good", your entertainment for this person and not force him/her to do and endure something that is socially acceptable if the older person does not want it and reveals this with his/her behavior. Respect is to mildly warn about the aspects of situations that can make life worse without pressure.

Respect is acting according to the true status of a mature person in your life. Respect is continuing to be there in a situation where a mature person has no strength and no desire to invest energy in this interaction. Respect is putting the best piece on his/her plate and making sure he/she wears the best clothes more often. Respect is silently taking on certain responsibilities and fulfilling them. Respect is honesty. Respect is hard and constant work with failure, after which you get up and come back, although you may be bitter. Respect is sweat, tears and silence. It is loyalty. It is a recurring, renewable choice in favor of a person of mature age. Respect is ultimately beyond age and time, a direct meeting of personality and personality, a long frank conversation of the soul, with which in your mind you constantly kiss the spirit of the older person.